

Lunches

Woodland Montessori School

September 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 29 FIRST DAY OF SCHOOL Chicken Fried Rice with Vegetables Fresh Pea Pods Fruit Smoothie	Aug 30 Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)	Aug 30 BBQ Chicken Pork & Beans Cucumber Slices Corn Muffin	1 Homemade Chicken Noodle Soup Cheese & Crackers Seasonal Fresh Fruit	2 Lasagna Roll Cucumber Slices Seasonal Fruit
5 CENTER CLOSED Care not available	6 Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar	7 Homebaked Chicken Strips Roll Green Beans Banana	8 Homemade Alphabet Beef Soup Roll Fruit Salad	9 Shepherd's Pie Carrots Fresh Fruit
12 Sloppy Joes Green Beans Fresh Fruit	13 Bagels with Cream Cheese Deli Ham Slices Fruit Smoothie Oatmeal Cookie	14 Cheese Quesadilla with Beans Cucumbers & Carrots Apple Slices	15 Homemade Tomato Soup Grilled Cheese Sandwich Seasonal Fresh Fruit	16 Chicken Rice Casserole Broccoli Bananas
19 Taco Bake Yogurt with Berries	20 Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone	21 Pasta Bake Roll Orange Wedges	22 Homemade Chicken Tortilla Soup Shredded Cheese Fresh Fruit	23 Burrito Casserole Fresh Pea Pods Pineapple
26 Hamburger (cheese optional) Potato Wedges Fruit Salad	27 Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)	28 Beef & Noodle Casserole with Veggies Melon	29 Lentil Soup French Bread Fresh Fruit	30 Lasagna Roll Cucumber Slices Seasonal Fruit

Note: Occasionally some foods are substituted due to unavailability.

Milk is served with all meals.



Lunches

Woodland Montessori School

October 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 Macaroni & Cheese with Ham Celery Sticks Kiwi & Banana Slices	4 Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone	5 <i>Breakfast for Lunch</i> Country Charm Breakfast Casserole English Muffin Cantaloupe	6 Homestyle Chicken Noodle Soup Roll Yogurt with Fruit	7 Shepherd's Pie Carrots Fresh Fruit	
10 Meatloaf Roll Green Beans Yogurt with Fruit	11 Bagels with Cream Cheese Deli Ham Slices Fresh Fruit Oatmeal Cookie	12 BBQ Chicken Pork & Beans Cucumber Slices Corn Muffin	13 Homestyle Alphabet Beef Soup Roll Fruit Salad	14 Chicken Rice Casserole Broccoli Bananas	
17 Chicken Fried Rice with Vegetables Fresh Pea Pods Fruit Smoothie	18 Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar	19 Home Baked Chicken Strips Roll Corn Banana	20 NO SCHOOL Care available by reservation Home Lunch	21 NO SCHOOL Care available by reservation Home Lunch	
24 Sloppy Joes Green Beans Fresh Fruit	25 Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)	26 Pasta Bake Roll Orange Wedges	27 Homemade Tomato Soup Grilled Cheese Sandwich Fruit Smoothie	28 Burrito Casserole Fresh Pea Pods Pineapple	
31 Taco Bake Yogurt with Berries	<p style="text-align: center;"><i>Milk is served with all meals.</i></p> 				

Note: Occasionally some foods are substituted due to unavailability.

Lunches

Woodland Montessori School

November 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Milk is served with all meals.</i></p> 	<p>1</p> <p>Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar</p>	<p>2</p> <p>Cheese Quesadilla with Beans Cucumbers & Carrots Apple Slices</p>	<p>3</p> <p>Homemade Chicken Tortilla Soup Shredded Cheese Fruit Salad</p>	<p>4</p> <p>Lasagna Roll Cucumber Slices Seasonal Fruit</p>
<p>7</p> <p>Hamburger (cheese optional) Potato Wedges Fruit Salad</p>	<p>8</p> <p>Bagels with Cream Cheese Deli Ham Slices Fresh Fruit Oatmeal Cookie</p>	<p>9</p> <p>Beef & Noodle Casserole with Veggies Melon</p>	<p>10</p> <p>Lentil Soup French Bread Fresh Fruit</p>	<p>11</p> <p>Shepherd's Pie Carrots Fresh Fruit</p>
<p>14</p> <p>Macaroni & Cheese with Ham Celery Sticks Kiwi & Banana Slices</p>	<p>15</p> <p>Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone</p>	<p>16</p> <p><u>Breakfast for Lunch</u> Mini Fritatas English Muffin Melon</p>	<p>17</p> <p>Homestyle Chicken Noodle Soup Cheese & Crackers Yogurt with Fruit</p>	<p>18</p> <p>Chicken Rice Casserole Broccoli Bananas</p>
<p>21</p> <p>Meatloaf Roll Green Beans Yogurt with Fruit</p>	<p>22</p> <p>NO SCHOOL LUNCH Thanksgiving Luncheon</p>	<p>23</p> <p>NO SCHOOL Care available by reservation Home Lunch</p>	<p>24</p> <p>CENTER CLOSED Care not available</p>  <p><i>Thanksgiving</i></p>	<p>25</p> <p>CENTER CLOSED Care not available</p>
<p>28</p> <p>Chicken Fried Rice with Vegetables Fresh Pea Pods Fruit Smoothie</p>	<p>29</p> <p>Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)</p>	<p>30</p> <p>BBQ Chicken Pork & Beans Cucumber Slices Corn Muffin</p>		

Note: Occasionally some foods are substituted due to unavailability.

Lunches

Woodland Montessori School

December 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Milk is served with all meals.</p>			1 Alphet Beef Soup Roll Fruit Salad	2 Burrito Casserole Fresh Pea Pods Pineapple
5 Sloppy Joes Green Beans Fresh Fruit	6 Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar	7 Home Baked Chicken Strips Roll Corn Banana	8 Homemade Tomato Soup Grilled Cheese Yogurt Apple Slices	9 Lasagna Roll Cucumber Slices Seasonal Fruit
12 Taco Bake Yogurt with Berries	13 Bagels with Cream Cheese Deli Ham Slices Fresh Fruit Oatmeal Cookie	14 Pasta Bake Roll Orange Wedges	15 Homemade Chicken Tortilla Soup Shredded Cheese Fruit Salad	16 EARLY DISMISSAL 11:30 a.m. Chef's Choice
19 NO SCHOOL Care available by reservation Home Lunch	20 NO SCHOOL Care available by reservation Home Lunch	21 NO SCHOOL Care available by reservation Home Lunch	22 NO SCHOOL Care available by reservation Home Lunch	23 CENTER CLOSED Care not available
26 CENTER CLOSED Care not available	27 NO SCHOOL Care available by reservation Home Lunch	28 NO SCHOOL Care available by reservation Home Lunch	29 NO SCHOOL Care available by reservation Home Lunch	30 CENTER CLOSED Care not available 

Note: Occasionally some foods are substituted due to unavailability.

Lunches

Woodland Montessori School

January 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>CENTER CLOSED Care not available</p>	<p>3</p> <p>Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone</p>	<p>4</p> <p>Beef & Noodle Casserole with Veggies Melon</p>	<p>5</p> <p>Lentil Soup French Bread Fresh Fruit</p>	<p>6</p> <p>Shepherd's Pie Carrots Fresh Fruit</p>
<p>9</p> <p>Macaroni & Cheese with Ham Celery Sticks Kiwi & Banana Slices</p>	<p>10</p> <p>Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)</p>	<p>11</p> <p><u>Breakfast for Lunch</u> Country Charm Breakfast Casserole English Muffin Cantaloupe</p>	<p>12</p> <p>Homestyle Chicken Noodle Soup Cheese & Crackers Yogurt with Fruit</p>	<p>13</p> <p>Chicken Rice Casserole Broccoli Bananas</p>
<p>16</p> <p>NO SCHOOL Care available by reservation Home Lunch</p>	<p>17</p> <p>Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar</p>	<p>18</p> <p>BBQ Chicken Pork & Beans Corn Muffin Cucumber Slices</p>	<p>19</p> <p>Homestyle Alphabet Beef Soup Roll Fruit Salad</p>	<p>20</p> <p>Burrito Casserole Fresh Pea Pods Pineapple</p>
<p>23</p> <p>Meatloaf Roll Green Beans Yogurt with Fruit</p>	<p>24</p> <p>Bagels with Cream Cheese Deli Ham Slices Fresh Fruit Oatmeal Cookie</p>	<p>25</p> <p>Home Baked Chicken Strips Roll Corn Banana</p>	<p>26</p> <p>Homemade Tomato Soup Grilled Cheese Yogurt Apple Slices</p>	<p>27</p> <p>Lasagna Roll Cucumber Slices Seasonal Fruit</p>
<p>30</p> <p>Chicken Fried Rice with Vegetables Fresh Pea Pods Fruit Smoothie</p>	<p>31</p> <p>Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone</p>	 <p><i>Milk is served with all meals.</i></p>		



Note: Occasionally some foods are substituted due to unavailability.

Lunches

Woodland Montessori School

February 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Milk is served with all meals.</p> 		<p>1 Cheese Quesadilla with Beans Cucumbers & Carrots Apple Slices</p>	<p>2 Homemade Chicken Tortilla Soup Shredded Cheese Fruit Salad</p>	<p>3 Shepherd's Pie Carrots Fresh Fruit</p>
<p>6 Sloppy Joes Green Beans Fresh Fruit</p>	<p>7 Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)</p>	<p>8 Pasta Bake Roll Orange Wedges</p>	<p>9 Lentil Soup French Bread Fresh Fruit</p>	<p>10 Chicken Rice Casserole Broccoli Bananas</p>
<p>13 Taco Bake Yogurt with Berries</p>	<p>14 Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar</p>	<p>15 Beef & Noodle Casserole with Veggies Melon</p>	<p>16 Homestyle Chicken Noodle Soup Cheese & Crackers Yogurt with Fruit</p>	<p>17 Burrito Casserole Fresh Pea Pods Pineapple</p>
<p>20 NO SCHOOL Care available by reservation Home Lunch</p>	<p>21 Bagels with Cream Cheese Deli Ham Slices Fresh Fruit Oatmeal Cookie</p>	<p>22 <u>Breakfast for Lunch</u> Mini Fritatas English Muffin Cantaloupe</p>	<p>23 Homestyle Alphabet Beef Soup Crackers Yogurt Fruit Salad</p>	<p>24 Lasagna Roll Cucumber Slices Seasonal Fruit</p>
<p>27 Hamburger (cheese optional) Potato Wedges Fruit Salad</p>	<p>28 Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone</p>	<p>29 BBQ Chicken Pork & Beans Corn Muffin Cucumber Slices</p>		

Note: Occasionally some foods are substituted due to unavailability.

Lunches

Woodland Montessori School

March 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Milk is served with all meals.</i></p> 	Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)	Home Baked Chicken Strips Roll Corn Banana	1 Homemade Tomato Soup Grilled Cheese Sandwich Fruit Smoothie	2 Shepherd's Pie Carrots Fresh Fruit
5 Macaroni & Cheese with Ham Celery Sticks Kiwi & Banana Slices	6 Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar	7 Cheese Quesadilla with Beans Cucumbers & Carrots Apple Slices	8 Homemade Chicken Tortilla Soup Shredded Cheese Fruit Salad	9 Chicken Rice Casserole Broccoli Bananas
12 Meatloaf Roll Green Beans Yogurt with Fruit	13 Bagels with Cream Cheese Deli Ham Slices Fresh Fruit Oatmeal Cookie	14 Pasta Bake Roll Orange Wedges	15 Lentil Soup French Bread Fresh Fruit	16 NO SCHOOL Care available by reservation Home Lunch
19 Chicken Fried Rice with Vegetables Fresh Pea Pods Fruit Smoothie	20 Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone	21 Beef & Noodle Casserole with Veggies Melon	22 Homestyle Chicken Noodle Soup Cheese & Crackers Yogurt with Fruit	23 EARLY DISMISSAL 11:30 a.m. Chef's Choice
26 NO SCHOOL Care available by reservation Home Lunch	27 NO SCHOOL Care available by reservation Home Lunch	28 NO SCHOOL Care available by reservation Home Lunch	29 NO SCHOOL Care available by reservation Home Lunch	30 NO SCHOOL Care available by reservation Home Lunch



Note: Occasionally some foods are substituted due to unavailability.

Lunches

Woodland Montessori School

April 2012

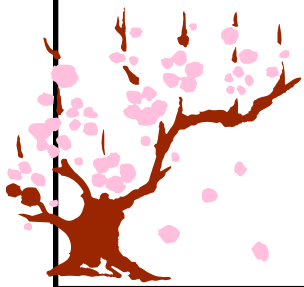
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Sloppy Joes Green Beans Fresh Fruit</p>	<p>3</p> <p>Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)</p>	<p>4</p> <p><u>Breakfast for Lunch</u> Country Charm Breakfast Casserole English Muffin Melon</p>	<p>5</p> <p>Homestyle Alphabet Beef Soup Roll Fruit Salad</p>	<p>6</p> <p>Lasagna Roll Cucumber Slices Seasonal Fruit</p>
<p>9</p> <p>Taco Bake Yogurt with Berries</p>	<p>10</p> <p>Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar</p>	<p>11</p> <p>BBQ Chicken Pork & Beans Corn Muffin Cucumber Slices</p>	<p>12</p> <p>Homemade Tomato Soup Grilled Cheese Sandwich Fruit Smoothie</p>	<p>13</p> <p>NO SCHOOL Care available by reservation Home Lunch</p>
<p>16</p> <p>Hamburger (cheese optional) Potato Wedges Fruit Salad</p>	<p>17</p> <p>Bagels with Cream Cheese Deli Ham Slices Fresh Fruit Oatmeal Cookie</p>	<p>18</p> <p>Home Baked Chicken Strips Roll Corn Banana</p>	<p>19</p> <p>Homemade Chicken Tortilla Soup Shredded Cheese Fruit Salad</p>	<p>20</p> <p>Shepherd's Pie Carrots Fresh Fruit</p>
<p>23</p> <p>Macaroni & Cheese with Ham Celery Sticks Kiwi & Banana Slices</p>	<p>24</p> <p>Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone</p>	<p>25</p> <p>Cheese Quesadilla with Beans Cucumbers & Carrots Apple Slices</p>	<p>26</p> <p>Lentil Soup French Bread Fresh Fruit</p>	<p>27</p> <p>Chicken Rice Casserole Broccoli Bananas</p>
<p>30</p> <p>Meatloaf Roll Green Beans Yogurt with Fruit</p>				<p><i>Milk is served with all meals.</i></p> 

Note: Occasionally some foods are substituted due to unavailability.

Lunches

Woodland Montessori School

May 2012



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)	2 Pasta Bake Roll Orange Wedges	3 Homestyle Chicken Noodle Soup Cheese & Crackers Yogurt with Fruit	4 Burrito Casserole Fresh Pea Pods Pineapple
7 Chicken Fried Rice with Vegetables Fresh Pea Pods Fruit Smoothie	8 Ham & Cheese Sandwich Bell Pepper Slices Cereal Bar	9 Beef & Noodle Casserole with Veggies Melon	10 Homestyle Alphabet Beef Soup Roll Fruit Salad	11 Lasagna Roll Cucumber Slices Seasonal Fruit
14 Sloppy Joes Green Beans Fresh Fruit	15 Bagels with Cream Cheese Deli Ham Slices Fresh Fruit Oatmeal Cookie	16 <i>Breakfast for Lunch</i> Mini Fritatas English Muffin Cantaloupe	17 Homemade Tomato Soup Grilled Cheese Sandwich Fruit Smoothie	18 Shepherd's Pie Carrots Fresh Fruit
21 Taco Bake Yogurt with Berries	22 Turkey Sandwich Little Tomatoes Apple Slices Berry & Banana Scone	23 Pasta Bake Roll Orange Wedges	24 Homemade Chicken Tortilla Soup Shredded Cheese Fruit Salad	25 Chicken Rice Casserole Broccoli Bananas
28 CENTER CLOSED Care not available	29 Egg Salad Sandwich Healthy Chips Carrots Granola Bar (from scratch)	30 Beef & Noodle Casserole with Veggies Melon	31 Homestyle Chicken Noodle Soup Cheese & Crackers Yogurt with Fruit	June 1 Graduation and Picnic Lunch!

Note: Occasionally some foods are substituted due to unavailability.